Adding Life to years and years to life.
Imagine living atop a plateau with spectacular views of Narrabeen Lake and the Pacific Ocean. Enjoy walking paths that wind throughout the well maintained grounds, a location that is surrounded by a picturesque lake, Sydney’s Northern Beaches, and Garigal National Park, with Warringah Mall close by. All of this, and much more, makes RSL ANZAC Village at Narrabeen, one of Australia’s finest communities.

We boast a rich array of amenities and services that include lawn bowls, croquet, walking and swimming groups, university of the third age, friendship groups, chapel, auditorium, coffee shop, licenced bar, as well as a magnificent hydrotherapy pool and fitness centre. There are Villa, Apartment and Cottage Homes with lovely ocean, lake and bushland views. Plus 100 acres to explore. It’s all the perfect complement for carefree, independent living.

Welcome. You have arrived at RSL ANZAC Village!

The Village offers a lifestyle based on security and peace of mind. Emergency call buttons are located in every apartment that alert our 24-hour nurse service if you require urgent attention.

If the time comes for additional care, we can assist with LifeCare @ Home. We also have on-site access to our residential care services including our high-care nursing home, Peter Cosgrove House.

Enjoy a vibrant lifestyle today with the knowledge that you have planned well for the future.
Over 850 people live in our 710 retirement living homes, creating a real sense of community. The size of RSL ANZAC Village enables so many services to be available:

- Heated Pool and Spa
- Craft Workshop
- Lawn Bowls
- Croquet
- Chapel with weekly services and bible study and friendship groups
- TLC - Therapy and Lifestyle Centre
- Medical Centre with GPs, Specialists, Dentist, Pathology and X-Ray
- Gym

We also pride ourselves on our comprehensive recreation calendar including morning teas, walking club, movie matinees, board and card games, line dancing, bowls, croquet, billiards and much more. All residents have access to our fleet of buses that have daily trips to shops and local points of interest as well as regular social outings. There are sixteen distinct areas within the village - all with their own character and flavour:

- **ANZAC** - 29 luxury residences, two-three bedrooms, glorious lake and ocean views, sun-drenched balconies
- **Birdwood, Monash** - 18 magnificent two bedroom villa homes with great lake and ocean views, all north facing
- **Churchill** - 12 one bedroom garden villas with a lovely sunny aspect
- **Colooli** - 44 homes, apartments and villas, one and two bedrooms, many with lake views, all centrally located
- **Coral Sea Court** - 18 two bedroom villa homes in a delightfult garden setting
- **Cutler** - 121 apartments and villas, one, two and three bedrooms, great setting, many with lake and/or ocean views, all with a lovely bushland aspect
- **The Dardanelles** - 120 two and three bedroom villa homes in an exceptional bushland setting with Narrabeen Lake at your doorstep
- **Darby and Joan** - 54 one-bedroom cottages with extensive grounds
- **East Gardens** - 9 one-bedroom garden villas with direct access to Lantana Avenue
- **Endeavour** - 14 one and two bedroom apartments, centrally located
- **Friendship Court** - 12 one bedroom cottages, with bush views and close to all amenities
- **Gallipoli** - 22 luxury three bedroom homes, centrally located with notherly aspect. Stunning views to lake and ocean as well as Ku-ring-gai Chase
- **Lantana Lodge** - 7 two bedroom garden cottages with direct access to Lantana Avenue
- **Lawrie Goss Lodge** - 12 two bedroom homes in a secluded setting, close to the Therapy Centre
- **Northern** - 89 homes, studio, one bedroom and two bedrooms, wonderful bushland views
- **Simpson of Gallipoli** - 56 one and two bedroom apartments within spacious grounds
- **Villers-Bretonneux** - 25 luxury oversized residences, three bedrooms, close to the Therapy Centre, wonderful bushland and lake views
Now it’s our turn to look after you

RSL ANZAC Village provides residential care to over 500 people in our eight care homes – Peter Cosgrove House, Catalina, Connie Fall, Kokoda, Milne Bay, Phyllis Stewart, Tobruk, Wirraway.

General Cosgrove, former Chief of the Defence Force, is justifiably proud of Peter Cosgrove House. “I am flattered and humbled that such a great facility – dedicated to aged care and looking after our Veterans – is named after me.”

Step into an RSL LifeCare residential service and you can’t help but feel at home. We seek to make your experience warm and inviting, from our homelike design, to our comfortable community areas and private bedrooms, to our exceptional outdoor gardens and landscaped grounds. Look around and you’ll notice points of interest throughout the residence, and you may even spot one of our pets. And of course, there are always the friendly smiling faces of our staff to ensure that each day spent here is a welcome one. RSL LifeCare has been caring for and serving seniors since 1911. Founders William Wood and Stephen Stack started with a simple vision – to look after and give the best to war veterans. Today, we are open to all Australians and are one of the most experienced and innovative providers of senior living services in the world.

Life is what you make it. At RSL LifeCare, we believe no two people are alike and we understand that the services each person requires are never exactly the same. We call this our person-centred approach to living. It begins with the resident and his or her needs. It results in choices – about day-to-day living, service and care options. In this way, we help maintain independence and dignity and provide the best possible lifestyle. Our approach has made RSL LifeCare one of the largest and most comprehensive senior living providers in the country.

Residential care at RSL ANZAC Village brings the certainty of one of Australia’s largest and most experienced aged care services. As part of the RSL LifeCare Group, RSL ANZAC Village shares in our living care model – where we offer responsive support for those in need of care. Our team of health specialists enable us to respond to individual health needs. And we meet special dietary requirements with the experienced services of our onsite catering team.

Nursing Home, Hostel, High Care, Low Care – these terms are sometimes used to describe residential care homes. At RSL ANZAC Village we have many care homes that provide holistic care. All our bedrooms are single ensuites with some partnership rooms available.

**Peter Cosgrove House**

- **Mosman Trust** – A Lovely Extra Service Home for 34 residents, Mosman Trust features luxury accommodation and an elegant, comfortable and secure environment with a hotel-like ambience. Mosman Trust accommodation includes private rooms with ensuites. The Home boasts a spacious, sun-drenched rooftop terrace and a delightful aviary that opens onto one of the dining areas.

- **Long Tan** – Providing Skilled Nursing Care in a beautiful and supportive homelike environment, Long Tan is ideal if you need short-term or ongoing long-term nursing care. Our care philosophy reinforces the healing and rehabilitation process and promotes independence. Situated on the Lower Ground Floor of Peter Cosgrove House, this 56-suite Extra Service home has excellent access to four spacious courtyards and there is a walk-in aviary and bunny run as well as many reminiscence centres including the Bradman Bar.

- **Montgomery, Maryang San, East Timor** – 71 beds on the Ground Floor – high level nursing home care for frail aged and palliative residents.
**Kokoda** – A family of 63 people live at Kokoda – a name synonymous with all that is Australian. Kokoda is an Extra Service home – modern, comfortable and designed to enable a sense of wellbeing in a safe and friendly environment. Residents enjoy a relaxed atmosphere and friends and family are welcome at any time. There are beautiful courtyards and gardens where residents and visitors can enjoy a chat or celebrate a special event. There is around the clock influence of registered nurses to ensure that appropriate care is readily available.

**Wirraway** – A wonderful refuge for 43 residents, Wirraway is a special Extra Service Home for those experiencing high-level confusion, dementia and mental difficulties. There are spacious, secure grounds, a wonderfully sunny lounge and dining room, gazebos, and many reminiscence and diversional centres – including our own Morris Minor car!

**Connie Fall** – A peaceful and serene home for 65 residents, Connie Fall provides moderate to high level care in a safe and secure environment, overlooking the escarpment and our Remembrance Wall.

**Phyllis Stewart** – Providing care and service to 54 residents, Phyllis Stewart provides moderate to high level care in a safe and secure environment, adjacent and linked to Peter Cosgrove House.

**Catalina and Milne Bay** – These two adjacent facilities are home to 70 residents, in a wonderful bushland setting – tranquil, peaceful – with an active birdlife, Catalina and Milne Bay are a special haven for those with moderate care needs.

**Tobruk** – 40 residents with high level dementia, mental health and cognitive issues, live in this home. Tobruk is designed to lower stress levels with many winding and ambling pathways in a safe and secure environment, with two lounge rooms and a separate dining room and many points of interest – plus the resident FJ Holden to tinker with – or maybe the Singer Sewing machine?

Alan and Joy made a decision to move to a village in order to downsize and not do several moves. They wanted to move whilst they were healthy, active and able to fit in. “RSL ANZAC Village was initially our pick, and after more exploration and checking, our decision was made as the home we looked at was perfect, the residents are friendly, the staff are supportive and always available. We just love the bush setting amongst the well maintained grounds and pathways. The provision for ongoing care was also a positive factor in our decision. We have never regretted our move and have felt at home from the very first day!”
RSL LifeCare is widely recognized as a leader in Senior Living:

- Aged Care Standards & Accreditation Agency Commendable Accreditation Award – just seven of the 3,000 aged care services in Australia have reached this pinnacle of success
- Minister for Ageing Award – Winner of the Staff Education and Development Award
- Aged Care Association of Australia – Winner of the Leadership and Management Award
- Prime Minister’s Employer of the Year Award, Disability – NSW Finalist
- Aged Care Association of Australia Building Renovation – Finalist for the creation of innovative partnership rooms

All our services are linked in with detailed quality systems and have the backing of our university affiliation to ensure the highest care services possible.

Our happy residents

Peg Lee
Cutler Village

After 22 years of residing in the Village, Peg’s advice to anyone thinking about a move is an emphatic “DO IT”. Her words about the RSL ANZAC Village are “everyone, but just everyone, is so caring. When my husband passed away, I was lonely but the Village recreation program saved my life. Also, it makes me happy that my family are at ease knowing that I am safe and cared for.”

Helen Clark
Coral Sea Court

Helen has lived in the village for 15 years. With her husband Bill, Helen moved in when Bill had some health issues so that they could enjoy life together, never dreaming they would need the ongoing care, which they did only last year. Helen’s advice to anyone is “Don’t leave it too late to move in and although we were advised to keep up our outside activities, we became so involved within the village that our friends often commented on our busy schedule!” “As a matter of fact” Helen says. “I am so busy with my social life, I have little spare time.”
Our History

RSL LifeCare is a charitable organisation that was formed in 1911 to provide care and service to war veterans. Services were initially provided at Bare Island, Botany Bay, until moving to Narrabeen in 1939. From small beginnings providing care and service to just a handful of war veterans, the organisation has grown to be one of the largest senior living services in Australia.

Caring for 7,500 people across Retirement Living, Home Care, Assisted Living, Dementia and Nursing Homes, we have developed an extensive range of services that fosters independence and provides social, clinical, emotional and spiritual support.

Despite our growth and the passage of time, RSL LifeCare remains true to its original aim and mission – to provide a home of peace and security to senior Australians.

Lifestyle villages for the not-so-retiring and residential care (nursing homes) situated at:

- AUSTRAL, LIVERPOOL
- BALLINA
- BYRON BAY
- CANBERRA - CURTIN
- CANBERRA - LYNEHAM
- CANBERRA - PAGE
- CHERRYBROOK
- CONDOBOLIN
- DUBBO
- DUNGOG
- EDEN
- GALSTON
- GOONELLABAH
- GRIFFITH
- HAWKS NEST
- KANDOS
- LISMORE
- MERIMBULA
- NARRABEEN
- NARRANDERA
- NOWRA
- PENRITH
- PICTON
- PORT MACQUARIE
- RICHMOND
- TEA GARDENS
- THIRLMERE
- TOULKEY
- TURA BEACH
- WAGGA WAGGA
- YASS

RSL LifeCare also provides in-home care and support services across NSW & the ACT. For more information call 1300 853 146 or visit rsllifecareathome.org.au